PREG\_REPLACE:

$\_POST['login'] = preg\_replace('/[^[:alpha:]\_]/', '',$\_POST['login']);

OUTROS MEIOS:

$email = stripslashes($\_POST['email']);

$email = strip\_tags($email);

$email = mysqli\_real\_escape\_string($db\_conx, $email);

$password = preg\_replace("[^A-Za-z0-9]", "", $\_POST['password']);

$password = md5($password);

FILTER\_VAR:

filter\_var($\_POST['email'], FILTER\_VALIDATE\_EMAIL)